

activities

MONDAY

Sea Kayaking Taster

10:00 - 10:45
WATER SPORTS CENTER
Free of Charge Max: 4 persons

Kayaking is suitable for everyone regardless of experience. So bring your friends and family for a short dryland briefing before you hop in one of our kayaks for a 20' ride along the coast! Once you finish your taster session you can book a full kayak session on 25% discount and explore the breathtaking shoreline!

Homemade Jam Tasting

11:30-12:30
EAGLES CAFE
Free of Charge Max Persons: 6

Learn how we transform fresh fruit into delicious marmelada. Our pastry team is waiting for you to taste our homemade jams.

Drenia Experience

11:45 – 14:15 & 14:45 – 17:15
YACHT CLUB
50€ per family, round trip, including refreshments

Discover the pure nature of Drenia island, surrounded by the crystal, clear Aegean waters crashing on sandy shores... Hop on our speed boat and live a unique experience!

Cooking Lesson: Tzatziki

13:00 – 13:45
MELATHRON RESTAURANT
Free of Charge Max Persons: 8

Immerse yourself in the renowned world of Greek cuisine by learning how to create one of the most known Greek dishes: Tzatziki! Yum!

Go Local Mix

18:30 – 19:30
EAGLES CLUB
16€ pp Max persons: 6

Discover how our Mixologist Team creates amazing cocktails by mixing together traditional Greek spirits with fresh local products. Let us introduce you to a new world of Halkidiki's local flavors.

TUESDAY

Yogilates

08:30 – 09:15
BEACH
Free of Charge Max Persons: 6

Practice a sequence of exercises that contain the best of Yoga & Pilates techniques and get your juices flowing. Energize your body and stimulate your mind!

SUP Taster

10:00 – 10:30
WATER SPORTS CENTER
Free of Charge Max Persons: 4

Learn the essentials of SUP by taking a short dryland course, before you jump on a board to test your balance on a 20' ride. Once you finish your taster session you can book a SUP session on 25% discount and discover the mesmerizing shoreline, while getting a full body workout!

Drenia Experience

11:45 – 14:15 & 14:45 – 17:15
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Pilates Miniball

17:00 – 18:00
GYM
30€ pp Max persons: 6

Increase your core stability and body flexibility with a Pilates workout combined with a mini ball!

Barista Masterclass

18:30 - 19:30
EAGLES CLUB
Free of charge Max Persons: 6

Taste the most delicious coffee you've ever had and learn everything about brewing techniques, the single origin coffee and latte art!

Greek Buffet Night

19:30 - 22:30
MELATHRON RESTAURANT
39€ pp

Taste the carefully selected Greek Dishes from all around the country! Don't forget to try ouzo!

WEDNESDAY

Circuit Training

08:30 – 09:15
GYM
Free of Charge Max Persons: 6

If you want to get the most out of your training this summer, incorporate this time-efficient and effective workout program into your regular routine and you'll feel the difference right away!

Scuba Diving Briefing

12:30-13:00
DIVING CENTER

Free of Charge Max Persons: 8
Meet our PADI certified instructors, let them help you discover how easy Scuba Diving is and lead you to an unforgettable experience.

Drenia Experience

11:45 – 14:15 & 14:45 – 17:15
YACHT CLUB
50€ per family, round trip, including refreshments (water-juice)

Discover the pure nature of Drenia island, surrounded by the crystal, clear Aegean waters crashing on sandy shores... Hop on our speed boat and live a unique experience!

Yogilates Block

17:30-18:30
GYM
Free of Charge Max Persons: 6

Practice a sequence of exercises that contain the best of Yoga & Pilates techniques and get your juices flowing. Energize your body and stimulate your mind!

Microbrewery Tasting with the Experts

18:30-19:30
EAGLES CLUB
15€ pp Max: 5 persons

Are you a beer lover? Come and try our 4-course menu with pairings of beer from Greek microbreweries and a selection of local delicacies prepared by our Executive Chef. Cheers!

THURSDAY

Pilates Mat

08:30 – 09:15
GARDEN
Free of Charge Max Persons: 6

Learn how to truly control your body, how to focus on your breathing and experience a stimulating Pilates session that will transform you both physically and mentally.

SUP Taster

10:00 – 10:30
WATER SPORTS CENTER
Free of Charge Max Persons: 4

Learn the essentials of SUP by taking a short dryland course, before you jump on a board to test your balance on a 20' ride. Once you finish your taster session you can book a SUP session on 25% discount and discover the mesmerizing shoreline, while getting a full body workout!

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Free of charge Max Persons: 6

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FRIDAY

Eagles Cardio

08:30 – 9:15
GYM
Free of Charge Max Persons: 6

Let's make our body sweat through a moderate intensity interval workout. Boost your metabolism, eliminate your toxins & let cardio make your day better!

Homemade Jam Tasting

11:30-12:30
EAGLES CAFE
Free of Charge Max Persons: 6

Learn how we transform fresh fruit into delicious marmelada. Our pastry team is waiting for you to taste our homemade jams.

Cooking Lesson: Traditional Eggplant Salad

13:00 – 13:45
MELATHRON RESTAURANT
Free of Charge Max Persons: 8

Bring the flavors of Greece into your home with our eggplant salad. This fresh and filling recipe is flavored by herbs you can grow in your garden and makes a great end-of-summer main course or side dish!

Pilates Fit Balls

17:30-18:15
GYM
30€ pp Max persons: 6

Increase your core stability and body flexibility with a Pilates workout combined with a ball!

The Secrets of International Mixology

18:30 - 19:30
EAGLES CLUB
10€ pp Max persons: 6

Become a world class bartender, learn the secrets of mixology and surprise all of your friends' back home by whipping one of the three delicious cocktails you learned during our cocktail Masterclass hosted by our very own Bar Manager!

SATURDAY

Body Burn

08:30-09:15
GYM
Free of Charge Max Persons: 6

Come join your instructor in this total body workout using just your body weight to tone and sculpt your muscles!

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Olive Oil Tasting

12:00 – 12:45
EAGLES CAFE
Free of Charge Max: 6 persons

Greece is globally known for its world class olive oil, not just for its taste and texture but also for its health benefits. Go ahead, try it for yourselves!

Brazilian Abs n Hips

17:15-18:00
GARDEN
25€ pp Max persons: 6

Tone your abs and hips and enjoy a vigorous workout. Get energetic!

Asian Buffet Night

19:30 - 22:30
MELATHRON RESTAURANT
39€ pp

Whether you're dining alone or with the entire family, join our delicious Asian buffet to enjoy sophisticated flavors from countries with great culinary culture. Choose from our selection of sushi platters or let our chef prepare something right in front of you on our live cooking station!

Live Music

20:00
EAGLES CLUB
Free of Charge

Enjoy your cocktail in the picturesque Eagles Club while listening to your favorite tunes played by our amazing band. Let's dance

SUNDAY

Stretching by the Sea

08:30 – 9:15
GARDEN
Free of charge Max Persons: 6

No flexibility in your schedule? Rest assured, this stretching routine is quick – and the benefits are plenty! Ready? Streeeeetch

Honey Tasting

11:30 – 12:30
KAMARES RESTAURANT
Free of Charge Max Persons: 6

Have you heard the buzz? The most delicious varieties of locally produced honey in Northern Greece are available to try. So go ahead, try them and ask anything you want to know about its production.

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Cooking Lesson: Saragli

13:00 – 13:45
MELATHRON RESTAURANT
Free of Charge Max Persons: 6

Learn step by step how to create an authentic saragli, a recipe that has been passed down from generation to generation and preserved to this very day. So delicious!

Legs & Glutes

17:30 – 18:15
GYM
25€ pp Max persons: 6

Tone your legs and glutes and enjoy a vigorous workout. Get energetic!

Greek Buffet Night

19:30 - 22:30
MELATHRON RESTAURANT
39€ pp

Taste the carefully selected Greek Dishes from all around the country! Don't forget to try ouzo!